

**MONDAY**

6:00 p.m. \* **Two Harbors AFG**  
Living Waters Fellowship  
501 7th Ave  
Two Harbors, MN 55616

6:30 p.m. \* **Grace AFG**  
Grace Lutheran Church  
5454 Miller Trunk Hwy  
Hermantown, MN 55811

7:00 p.m. **Mon Night East End AFG**  
Pilgrim Congregational Church  
2310 E Fourth St  
Duluth, MN 55812

7:00 p.m. \* **Monday Night Al-Anon**  
First Congregational Church  
(Fireside Room)  
300 West 2nd Street  
Grand Marais, MN 55604

**TUESDAY**

10:00 a.m. \* **Tuesday Morning AFG**  
Cloquet Alano Club  
103 10th Street  
Cloquet, MN 55720

6:00 p.m. \* **Serenity Seekers**  
Bethesda Luth Church  
204 5th St.  
Carlton, MN 55718  
Zoom ID = 448 688 2964  
PW = no password

6:00 p.m. **Tuesday Shared Hope AFG**  
Zion Lutheran Church  
2022 E. 2nd St.  
Superior, WI 54880

6:30 p.m. \* **New Beginnings AFG**  
Holy Angels Catholic Church Lower Level  
60 Hartman Drive  
Moose Lake, MN 55767

**WEDNESDAY**

12:00 p.m. **Downtown AFG**  
First Lutheran Church  
1100 E. Superior St  
Duluth, MN 55802  
Zoom ID = 852 6043 3606  
PW = No password

7:00 p.m. \* **Woodland AFG**  
Hope United Methodist Church  
301 W. St. Marie Street  
Duluth, MN 55803  
Zoom ID = 466 268 914  
PW = odat6241

7:00 p.m. **Three Legacies**  
Duluth Alano Club  
3009 Restormel Street  
Duluth, MN 55806  
Zoom ID = 937 605 315  
PW = 12

7:00 p.m. \* **Lutsen West End AFG**  
Lutsen Fire Hall  
116 Caribou Trail (Hwy 61)  
Lutsen, MN 55612  
Zoom ID = contact  
[ccwestendalananon@gmail.com](mailto:ccwestendalananon@gmail.com)  
om to request Zoom ID

**THURSDAY**

6:00 p.m. \* **Living the Legacies**  
Cloquet Alano Club  
103 10th Street  
Cloquet, MN 55720

7:00 p.m. \* **Arlington AFG**  
Holy Cross Lutheran Church  
410 N. Arlington Avenue  
Duluth, MN 55811  
Zoom ID = 982 257 364  
PW = 12

**FRIDAY**

11:00a.m. \* **Friday Freedom AFG**  
St. Paul's Episcopal Church  
The Carriage House  
1710 E. Superior Street  
Duluth, MN 55812

6:00 p.m. \* **Friday Book Study**  
St Paul Episcopal Church  
The Carriage House  
1710 E. Superior Street  
Duluth, MN 55812

**SATURDAY**

10:30 a.m. **Saturday Shared Hope AFG**  
Superior John Club  
1609 John Avenue  
Superior, WI 54880  
Zoom ID = 796 201 975  
PW = 12

**SUNDAY**

9:30 a.m. **Sunday Legacies AFG**  
Zoom ID = 830 6911 026  
PW = 823871

5:00 p.m. **Sunday Serenity AFG**  
Peace Church  
1111 N. 11th Ave E.  
Duluth, MN 55805

**ALATEEN** available electronic meetings can be found at <https://alananon.org/newcomers/teen-corner-alateen/alateen-electronic-meeting/>

\* = Handicap accessible meeting  
**All Meetings are Non-Smoking**  
Zoom meeting is available if Zoom ID is provided

**Al-Anon**

Meeting Directory  
District 29-011

**Serenity Prayer**  
God grant me the serenity to  
accept the things I cannot  
change,  
Courage to change the things  
I can,  
And wisdom to know the  
difference.

AA-Intergroup - (218)727-8117

Superior AA - (715)394-9824

**District Mailing Address**

Dist 29-011  
PO Box 16126  
Duluth, MN 55816

The most up to date list of meetings can be found on the Minnesota North Area Website -  
<https://www.minnesotanorth-alananon.org/districts/district-11>

If you need an Al-Anon speaker for your classroom or treatment center or if you would like Al-Anon to participate in your health fair or conference, contact us at:

[publicinfoalananondist29011@gmail.com](mailto:publicinfoalananondist29011@gmail.com)